

the conversation...

Our Digital World - Cyberwise Day

As part of our Cyberwise Schools Partnership Programme

A comprehensive day of workshops across the key stages. These workshops empower pupils to prioritise their wellbeing as they navigate our digital world.

Reception - Serenity the Sloth loves to play

Year 2 - Screens away, time to play



- Using digital devices safely
- The importance of sleep
- Different ways to play
- Rules that keep us safe

For further information on curriculum objectives covered please e-mail
talktous@theconversationstamford.co.uk

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A comprehensive day of workshops across the key stages. These workshops empower pupils to prioritise their wellbeing as they navigate our digital world.

Year 4 - Explore, Play, Create

Year 6 - Cyberwisdom



Four simple screen time rules



**Turn off screens an hour
before bed**

Four simple screen time rules



**Screens belong in living
spaces not sleeping spaces**

- The importance of balancing time online
- Reasons for complying with regulations and restrictions
 - Strategies for keeping safe online
 - The impact of social media

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