

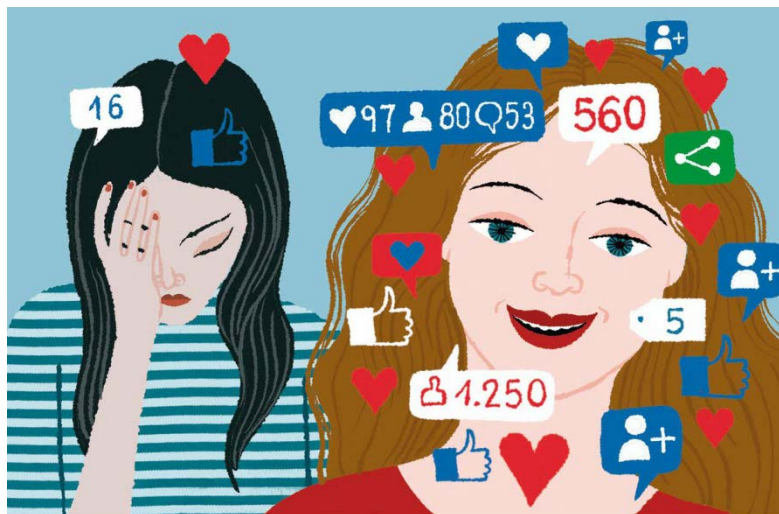
the conversation...

YEAR 7 Workshops

Like me? - Self esteem and the media (girls)

Students will:

- Challenge society's expectations of girls
- Explore how social media can affect their self esteem
 - Recognise the 'reality' of media images
- Identify how to recognise and build their own self-worth



Boys don't cry - Boys and identity (boys)

Students will:

- Consider gender stereotypes and the pressure to conform to them
 - Explore their own emotional intelligence
- Understand the importance of friendship and mutual support
 - Identify their unique traits



The following Workshops are also available for this age group:

Mental Health and Wellbeing

Puberty and Reproduction

We also offer PSHE days where students can experience multiple workshops.

