

YEAR 6 Workshops

Session one: Sex and Relationships (SRE)

Students will:

- Recognise how boys' and girls' bodies change as they grow up
 - Identify correct names for girls' and boys' body parts
 - Define what sexual intercourse is
- Explain how babies are made, grow in the womb and are born
 - Explore different types of families



Session Two: Thrive - Positive decision making (including Protective behaviours and safeguarding)

Students will:

- Consider what they need to thrive
- Recognise how their body reacts to unsafe situations
- Evaluate how to make decisions when they feel unsafe
- Recognise the importance of having adults they can trust
- Explore how to boost their self-esteem

